

OCHSNER FITNESS CENTER

INSPIRING MOVEMENT | INNOVATING WELLNESS



OFC MEMBERSHIP INCLUDES:

- Access to three OFC locations (24-hour access is available at Heritage Plaza)
- 10,000-square foot weight room and 6,000-square foot cardio theater at Harahan
- Over 150 group fitness classes across 3 locations (full class schedule available on FITT Lab powered by Ochsner app)
- Initial fitness assessment with a personal trainer
- Exclusive member spa pricing
- Seven pools across all locations

UNITED HEALTHCARE SELECT TIERED MEMBERSHIP

Discounted Rates Available

- Initiation fee waived with an annual contract.
- Month to month option available with \$150 initiation fee and \$10 food and beverage minimum (plus applicable sales tax)
- Family pricing available

For current discounted rates or if you are interested, contact
ofc@ochsner.org or call **504-733-1600**, option 2

Proof of insurance must be presented

HARAHAN

1200 S Clearview Pkwy,
Elmwood, LA 70123
504-733-1600

DOWNTOWN

701 Poydras St,
New Orleans, LA 70139
504-588-1600

METAIRIE

111 Veterans Memorial Blvd,
Metairie, LA 70005
504-832-1600