

OCHSNER FITNESS CENTER

INSPIRING MOVEMENT | INNOVATING WELLNESS



OFC MEMBERSHIP INCLUDES:

- Access to three OFC locations (24-hour access is available at Heritage Plaza)
- 10,000-square foot weight room and 6,000-square foot cardio theater at Harahan
- Over 150 group fitness classes across 3 locations (full class schedule available on FITT Lab powered by Ochsner app)
- Initial fitness assessment with a personal trainer
- Exclusive member spa pricing at **ELEVATE** by OchsnerHealth
- Seven pools across all locations

UNITED HEALTHCARE SELECT MEMBERSHIP

Individual \$ **67** monthly, plus applicable sales tax with annual contract, initiation fee waived

- Month to month option available with \$150 initiation fee at \$72/month and \$10 food and beverage minimum (plus applicable sales tax)
- Family pricing available

If interested email ofc@ochsner.org or call 504-733-1600, option 2

Proof of insurance must be presented

HARAHAN

1200 S Clearview Pkwy,
Elmwood, LA 70123
504-733-1600

DOWNTOWN

701 Poydras St,
New Orleans, LA 70139
504-588-1600

METAIRIE

111 Veterans Memorial Blvd,
Metairie, LA 70005
504-832-1600